Action Planning Reflection Activity

General Reflection

1. What did you learn in today's session that you did not know before?

2. Given who you are and your strengths/areas for development, what challenges might you personally have in implementing what you learned? What are ways you can overcome those challenges?

Action Planning

Now, that you have generally reflected on what you learned, think of a specific past or current counterproductive leader that you have experience with. Using what you have learned in this session, complete the action planning worksheet below to document how you would approach handling the leader's counterproductive leadership behaviors.

Describe a personal example of a leader who exhibited counterproductive leadership: (write in description)

Action Step	Ideal Outcome	Improvement	Resources/Support Needed	Potential Obstacles and Strategies for Overcoming
What steps do you need to take to successfully address the leader? (remember to appropriately consider risk)	What is the ideal outcome for the situation, and what concrete actions do I need to take to make this a reality?	What would improvement look like?	Do I need to reach out to someone to help me? What resources are available to me?	What potential obstacles might I encounter in addressing the leader? What can I do to overcome each obstacle?